



Lights of Love

Available from 9th December, 7pm onwards
Sands YouTube channel bit.ly/SandsYouTube

Order of Service

As the end of the year approaches, we welcome you to a space to remember precious babies gone too soon.

This year we are thinking about snowflakes, as they are unique, beautiful and only here for a short time, like all the precious babies we come to remember. We hope the service of readings and music will offer a sense of peace, comfort and hope to those joining.

Introduction

Clea Harmer, Sands CEO

I Tried to Keep a Snowflake by Anne Peterson

read by Nicky, Bereavement Support Services Officer

Snowflakes by Passenger

accompanied by images of Snowflakes across the UK

Cherished Forever, written and read by Sophia

Bereavement Support Services Officer

In My Heart, written and read by Joanne Robison

Scotland Bereavement Support Services Coordinator

Contemplation with candle lighting

accompanied by Something's Not Right by Lily Allen

Snow, written and read by Angela Marshall

author of "Not Just a Statistic"

Healing by Richard Smallwood

performed by Leicester St Matthew's Church choir

Into the Unknown, written and read by Craig Spivey

Sands United Community Manager

One Day Closer to You

read in Punjabi and English by Madhuri,
Bereavement Support Services Officer (South Asian focus)

The Snowfall Is So Silent

by Miguel de Unamuno

read by Shivaun Mckinley, Bereavement Midwife
Southern Health and Social Care Trust, Northern Ireland

I'll Walk With You – Mi gerddaf gyda thi

Traditional Welsh poem by anonymous

read in Welsh by Rhian, Bereavement Support Services Officer
and in English by Jen Coates Director of Bereavement Support
and Volunteering

The Bluebird's Egg Vocals by Layla Zoe

(Co-written by Layla Zoe and Jackie Venson)

Featuring Bo, Gaby, Jenny Nicky, Britta, Cecilia, Ursula,
Tamara, Kathy, Petra, Tulya, Haoyu, Cora, Sophiya.

Full credits at: <https://youtu.be/Czg5WxNkl4U>

How Do We Go On? written and read by Patrice

Bereavement Support Services Officer
(Black and Black British focus)

How to find support over the festive period

Jen Coates, Director of Bereavement Support and Volunteering

#LightsOfLove
sands.org.uk/lightsoflove

Support for you



Sands Christmas Helpline hours

23rd Dec 10am - 2pm and 6pm - 9pm
24th - 27th 10am - 12pm
28th 6pm - 9pm
29th 10am - 2pm
30th 6pm - 9pm
31st - 3rd 10am - 2pm

4th Jan onwards

Sands Helpline hours:

Mon - Fri 10am - 3pm
Tues & Thurs evenings 6pm - 9pm

 **0808 164 3332**

 **helpline@sands.org.uk**

 **sands.community**

 **sands.org.uk/app**

 *For all support options
visit sands.org.uk/support*